

Mini-Workshop: Interpersonal and Experiential Technique Contributions to the Treatment of Generalized Anxiety Disorder

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This workshop will present (a) the features of the Interpersonal/Emotional Processing Therapy, (b) specific techniques for modifying the client's interpersonal functioning, and (c) specific methods for accessing and deepening client emotional experience. A dramatic therapy session videotape will be shown that exemplifies the application of several of these interventions.